



# **Miracle Vitamin Water: Rehydrate, Detox and Add Vigor to Your Health + 20 Vitamin Water Recipes You Can Make At Home (Fruit Infused Water & Hydration)**

*Colleen Diaz*

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Miracle Vitamin Water: Rehydrate, Detox and Add Vigor To Your Health + 20 Vitamin Water Recipes You Can Make At Home, is focused on introducing readers to the world of making and drinking vitamin infused water. Whether you are looking for a healthier way to rehydrate or someone who is trying to find the best way to detoxify and shed unwanted weight, vitamin water is definitely a great medium to aid you in your quest in rediscovering a better and healthier version of you.

## **Here is a preview of what you will learn from this book:**

- Find out what vitamin water is
- Learn the difference between commercially produced bottled vitamin waters and homemade vitamin infused water.
- Understand the benefits of drinking vitamin water on a daily basis and the reasons why you should consider making this drink a part of your everyday diet.
- Discover flavor combinations by trying out the featured vitamin water recipes in the book.
- Learn the dos and don'ts of making and drinking vitamin infused h20.

The book is a collection of juicy and really tasty information on miracle vitamin water. This will help a newbie and even experienced drinkers appreciate how this detox/hydration drink can help you turn your body into a really clean eating machine.

Download this book today to start your healthy makeover with the help of vitamin water.

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