



Coaching Youth Hockey - 2nd Edition (Coaching Youth Sports)

American Sport Education Program

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This new edition of *Coaching Youth Hockey* is part of the improved generation of the American Sport Education Program's (ASEP) *Coaching Youth Sports* series. This widely respected and highly popular series is the best collection of youth sport-specific guides, which are grounded in positive coaching principles.

ASEP, the nation's number one coaching education program, developed *Coaching Youth Hockey* to provide coaches with both an explanation of their role and concrete instructions on how to fulfill that role. You will find chapters on communicating with your athletes and their parents, teaching and developing hockey skills, planning and conducting practices, and coaching during games.

This second edition includes a special chapter on the games approach to coaching hockey, which makes practice more fun for the kids and teaching more effective for you, the coach.

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