

The Encyclopaedia of Sports Medicine: An IOC Medical Commission Publication, The Young Athlete (Volume XIII)



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* An essential text that defines the medical and scientific aspects of the child and adolescent athlete

* Meets the need for a responsible approach to the developing athlete

* Covers key concepts in six sections: Growth, Maturation, and Physical Performance; Conditioning; Injuries; Non-orthopaedic Health Concerns; Psychosocial Issues; Disease and the Young Athlete

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