

## Louise Hay: The Best Of Louise Hay - Life Lessons, Inspiration And Best Quotes (Heal Your Body, Love Yourself, Spirituality)

Jordan Baker



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## **Louise Hay**

# The Best Of Louise Hay – Life Lessons, Inspiration And Best Quotes

Louise Hay was a woman who overcame so much in her life, only to make a living and a career out of weaving words into hopeful thoughts and hopeful thoughts into meaningful changes.

Learn about Louise Hay and how she became the woman she is today – the leader of a printing press, a woman who makes millions of dollars speaking at conventions, and a woman who has found happiness in her present and faith in her future despite what happened to her in the past.

"Each day is a new opportunity. I chose to make this day a great one." ? Louise L. Hay

This book will guide you through the teachings of Louise Hay, and show you the words that you can use to make the changes that will lead you to the future. Whether you are experience mental anguish on life and love or you have physical ailments that are inhibiting your happiness, this book will guide you in seeking a better relationship with your own self.

The book covers over 30 affirmations that you can say for your health as well as 20 that can help you with your personal life. These affirmations have stood the test of time and worked for millions of other people – so what are you waiting for? After all, there is no time like the present!

"When there is a problem, there is not something to do, there is something to know." - Louise Hay

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