

Paleo Gluten Free Slow Cooker Recipes: Against All Grains (Paleo Recipes Book 4)

Beth Gabriel

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Learn how to create easy, delicious Paleo Gluten Free, Slow Cooker meals!

Slow cooker easy - set it in the morning and come home to an amazing Gluten Free meal that your family will love!

Paleo Diet, Gluten Free and Slow Cooking All In 1 Book!

It makes perfect sense to combine all 3. Plus you'll receive an added benefit... you'll lose weight when you lose the wheat!

Are you sick of feeling tired and bloated?

Here are great tasting, easy to make, meals you will love! Meal plans and shopping lists too!

Looking for a new, healthier, slimmer you?

- The Paleo Gluten Free diet is not a typical "diet" at all.
- It's the return to the essential food that our ancestors ate no grains, no gluten!
- Don't be fooled, the Paleo Gluten Free diet contains an abundance of great tasting food.
- You won't be left feeling like you're missing out on anything.
- And you'll lose weight!

Amazon #1 Author Ranking: What others have to say

"I am a serious fan of this woman's work on Paleo. I attended a house-warming party three weeks ago, and bumped into a friend I had not seen in a few months. He looked incredibly fit - I asked what he has been doing to get into such great shape. He said, "I've been on a Paleo diet - I feel better than I have in years...and I've lost 30 pounds." That certainly caught my attention.

Beth Gabriel has a knack for releasing just the right book at just the right time, and "Paleo Gluten Free Cooker Recipes: Crock Pot Easy and Delicious..." proves it once again.

The "Easy Crockpot Chicken Salsa" is a FANTASTIC recipe! The "Chorizo Stuffed Poblano Peppers" is a HEALTHY and EASY solution for football fans on a lazy Sunday (or anytime).

Two Thumbs Up - way up!" Brock Allen

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Maria Mariani:

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Ruth Vazquez:

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