



# **No Naughtyies' Christmas treats for kids: Sweet treats without sugar, wheat, gluten and yeast (US edition)**

*Tarja Moles*

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Christmas is a busy time in the Claus household: toys need to be made, presents wrapped and lists of who has been naughty or nice checked. It's also a time for baking all sorts of delicious Christmas treats.

This year Santa and Mrs Claus have decided to make their treats without any 'naughty' ingredients. This way everyone can enjoy the festivities.

No Naughties' Christmas treats for kids gives you a glimpse into the life of the Claus household at Christmas as well as ten recipes that will ensure your festive season is a delightful celebration.

The recipes included are:

Santa's Christmas brownies

Little squirrels' Christmas treat

Rudolph's droppings

Elves' Christmas pancakes

Santa's bellybuttons

Mrs Claus' magical rice pudding

Santa's love heart

Squirrel mom's Christmas fizz

Rudolph's gingerbread bites

Mrs Claus' chocolate fluff and goo

All the recipes are suitable for children (of all ages!) who need to avoid sugar, wheat, gluten, yeast, soy and peanuts. There are also recipes that are free from dairy, lactose, casein, nuts and corn. All the recipes are vegetarian.

All measurements in this US edition are in US cup measures. (This book is also available as a UK edition which uses metric and imperial units.)

The No Naughties books show that making sweet treats without sugar, wheat, gluten, yeast and other allergens is easy. Multiple food restrictions don't have to mean a boring diet. It's perfectly feasible to prepare and enjoy delicious treats - and inject some sweet magic into your life!

To find out more about No Naughties, please visit [www.nonaughties.com](http://www.nonaughties.com).

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