



Adventures in Bipolarland~A Novel About Real Life

Reni Seidman

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The newest drug on the antidepressant shelf sends 35 year-old Laurel into a twilight zone of biochemically altered thoughts, where surreal events become her new reality. Never before manic, the euphoria is intoxicating. Four trips to a locked psychiatric ward in 1993, and delusion becomes devastation. Handcuffed, detained, and drugged against her will, she is not aware of her illness. She is fully aware of the inhumane treatment shown to her.

Hospitals and trauma are only the beginning. Home, friends, and family disappear. Forced to live a different life with a “different” brain, innate strength and manic optimism overcome fear and vulnerability.

Along the way, there are strangers who help and strangers who hinder. Police, schizophrenics, doctors, drug addicts, judges, and homeless vets become the people of Laurel’s world. A tidal wave of depression hits just as she begins to sort through the chaos.

When life hurts so much that it’s difficult to keep breathing--when suicide is not an option--the only reasonable response is to move forward as far and as fast as possible.

Laurel discovers that the magic of synchronicity exists apart from mania, and she is able to honor the spiritual component of her strange experience. The result is a tale that ends well, for “living well is the best revenge.”

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