

Taking Charge of Your Fertility, 10th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health

Toni Weschler



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Celebrating 10 years of helping hundreds of thousands of women achieve pregnancy, avoid pregnancy naturally, and gain better control of their health and lives, the 10th Anniversary Edition of the classic bestseller will include:

- New 'Preface to the 10th Anniversary Edition"
- Updates on new fertility technologies
- Natural approaches to conception
- Updated Resources and Books

For any woman unhappy with her current method of birth control; demoralized by her quest to have a baby; or experiencing confusing symptoms in her cycle, this book provides answers to all these questions, plus amazing insights into a woman's body. Weschler thoroughly explains the empowering Fertility Awareness Method, which in only a couple minutes a day allows a woman to:

• Enjoy highly effective, scientifically proven birth control without chemicals or devices

- Maximize her chances of conception or expedite fertility treatment by identifying impediments to conception
- Increase the likelihood of choosing the gender of her baby
- · Gain control of her sexual and gynecological health

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From reader reviews:

Ruth Jones:

The book Taking Charge of Your Fertility, 10th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health can give more knowledge and also the precise product information about everything you want. So just why must we leave the great thing like a book Taking Charge of Your Fertility, 10th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health? A number of you have a different opinion about publication. But one aim that will book can give many data for us. It is absolutely right. Right now, try to closer with your book. Knowledge or facts that you take for that, you are able to give for each other; you can share all of these. Book Taking Charge of Your Fertility, 10th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health has simple shape but you know: it has great and big function for you. You can seem the enormous world by start and read a book. So it is very wonderful.

Adrian Woodson:

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Joanne Hall:

Information is provisions for individuals to get better life, information these days can get by anyone on everywhere. The information can be a information or any news even an issue. What people must be consider if those information which is inside former life are hard to be find than now's taking seriously which one is suitable to believe or which one the resource are convinced. If you obtain the unstable resource then you get it as your main information it will have huge disadvantage for you. All those possibilities will not happen inside you if you take Taking Charge of Your Fertility, 10th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health as your daily resource information.

Todd Apperson:

What is your hobby? Have you heard in which question when you got scholars? We believe that that concern was given by teacher to their students. Many kinds of hobby, All people has different hobby. And also you know that little person such as reading or as reading through become their hobby. You must know that

reading is very important as well as book as to be the thing. Book is important thing to increase you knowledge, except your current teacher or lecturer. You discover good news or update concerning something by book. A substantial number of sorts of books that can you take to be your object. One of them is this Taking Charge of Your Fertility, 10th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health.

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