

## Dorothea Orem: Self-Care Deficit Theory (Notes on Nursing Theories)

Donna Hartweg



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Encapsulating the work of a classic nursing theorist, this book provides a unique overview of Orem's Self-Care Deficit Model of Nursing.

Orem's Model proposes that nursing should be especially concerned with the patient's need to move continuously towards responsible action in self-care in order to sustain life and health or to recover from disease or injury. The actions required of nurses to achieve these goals are clearly described.

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