

Animal Voices, Animal Guides: Discover Your Deeper Self through Communication with Animals

Dawn Baumann Brunke

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How to connect with animal guides to expand individual and planetary awareness

- Reveals techniques for exploring dreams, shamanic journeys, healing, and shapeshifting with animals
- Presents words of wisdom from cats, dogs, horses, llamas, rabbits, ravens, bears, and even insects

As companions, helpers, and spiritual guides, animals have always held a special relationship with humans. As we access our natural ability to communicate with animals, we cannot help but open ourselves more profoundly to life, other human beings, and our own deep nature--the essence of who we really are. *Animal Voices, Animal Guides* presents a wide variety of ways in which we can tune in to the "universal language" of all life and reconnect with the animal kingdom in more conscious, meaningful ways.

Through myths, shamanic journeys, and dreams we meet our power animals, spirit animals, and wise animal guides. The exercises, meditations, stories, and experiments included are designed to help us tune in to the subtle whispers of nature and expand our awareness. We learn what sled dogs have to teach us about teamwork, how llamas see themselves as healers of the world, and how it would feel to inhabit the skin of a shark. Filled with advice from animal communication professionals and actual conversations with animals, *Animal Voices, Animal Guides* is an invitation to explore our inner ways of knowing. When we learn how to use all our senses to listen to animals, we will find out how to listen to our authentic self as well.



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In this period globalization it is important to someone to obtain information. The information will make anyone to understand the condition of the world. The fitness of the world makes the information better to share. You can find a lot of sources to get information example: internet, paper, book, and soon. You will observe that now, a lot of publisher that will print many kinds of book. The book that recommended to you personally is Animal Voices, Animal Guides: Discover Your Deeper Self through Communication with Animals this reserve consist a lot of the information in the condition of this world now. This particular book was represented how does the world has grown up. The dialect styles that writer use for explain it is easy to understand. Typically the writer made some analysis when he makes this book. Here is why this book appropriate all of you.

Meredith Butler:

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