



Why Spanking Doesn't Work: Stopping This Bad Habit and Getting the Upper Hand on Effective Discipline

Michael J. Marshall

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Do you know your chances of getting assaulted and injured by someone else in your lifetime are greater in your family by far than in any other group of people you are likely to be around? Why is the family so violent? One of the main reasons is society's belief that physical punishment is good for our children. Why Spanking Doesn't Work proves otherwise.

In this insightful, well-researched book, Dr. Marshall reveals what have been called "the best-kept secrets in developmental psychology." The author shows:

- Hitting a child causes more behavioral problems than it solves
- Spanking has been found to increase aggression in children
- Cases of poor self-image and depression have been traced to childhood corporal punishment
- Repetition of one's own childhood experience is a poor substitute for informed parenting

Inflicting punishment is easy—anyone can strike a child—but healthy discipline practices must be learned. Parents who explore this book will be amply rewarded as they learn alternatives to spanking and other forms of physical punishment.

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