

# Adapted Physical Activity, Recreation and Sport with Powerweb: Health and Human Performance

Claudine Sherrill

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### Adapted Physical Activity, Recreation and Sport with **Powerweb: Health and Human Performance**

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Offering the most comprehensive coverage available, this new edition features a lifespan, cross-disciplinary approach valuable for both teaching and non-teaching professionals. Adapted Physical Activity, Recreation, and Sport emphasizes attitude change, inclusion, and psychosocial perspectives for understanding individual differences.



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