

# [(Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You...That You Need to Know)] [Author: Mary J Shomon] published on (February, 2005)

Mary J Shomon

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The Most Comprehensive Resource Available on the Diagnosis and Treatment of HypothyroidismFor millions of Americans, hypothyroidism often goes untreated ... or is treated improperly. This book, thoroughly researched by the nation's top thyroid patient advocate--a hypothyroidism patient herself-provides you with answers to all your questions, including: What is hypothyroidism? What are the warning signs, symptoms, and risk factors? Why is getting diagnosed often a challenge, and how can you overcome the obstacles? What treatments are available (including those your doctor hasn't told you about)? Which alternative and holistic therapies, nutritional changes, and supplements may help treat hypothyroidism?



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Typically the book [(Living Well with Hypothyroidism: What Your Doctor Doesn't Tell You...That You Need to Know)] [Author: Mary J Shomon] published on (February, 2005) has a lot of knowledge on it. So when you check out this book you can get a lot of advantage. The book was compiled by the very famous author. The writer makes some research prior to write this book. This book very easy to read you will get the point easily after reading this article book.

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