



# What to Do When You Don't Know What to Do: 8 Principles for Finding God's Way

*Henry Cloud, John Townsend*

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**In this best-selling, award-winning book, Drs. Cloud and Townsend introduce eight persuasive principles that demonstrate how God enters both the heart-breaking situation and the life looking for more.**

Life is difficult. Life for every person on earth is a challenging journey – with or without God. Those who invite God to join them on this adventure believe that when bad things happen they can trust God to be present and work on their behalf. But just exactly how does He go about the business of helping us when we don't know what to do? Henry Cloud and John Townsend believe God has given us instructions on how He makes a way for us when we call on Him. If you follow God's eight principles in this book, you can thrive relationally, emotionally, and spiritually.

As clinical psychologists, the authors deal daily with real people facing real problems, so this book is not just psychological or biblical theory. It is a life system that captures God's wisdom for coping with our most difficult problems.

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