



The Creation of Health: The Emotional, Psychological, and Spiritual Responses That Promote Health and Healing

Caroline Myss, C. Norman Shealy M.D.

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A collaboration between a traditionally trained physician and a medical intuitive, *The Creation of Health* illuminates the deep connection between emotional dysfunction and physical illness. It describes the role that emotional disturbances play in the most common diseases and ailments from the common cold to arthritis, diabetes, heart disease, and cancer.

After providing an introduction to intuitive medicine and its history, method of diagnosis, and relationship to traditional medicine, Myss and Shealy detail the deeper emotional and psychic reasons why illness develops in the body. Dr. Shealy offers a traditional account of a particular disease or ailment, while Dr. Myss sheds light on the deeper causes through her corresponding energy analysis.

Confirming the link between illness and emotion, *The Creation of Health* puts forth a groundbreaking vision of holistic healing.

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