



## Aging and Everyday Life

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"Aging and Everyday Life" presents a balanced and realistic view of the aging experience. The research in this book reveals that much, if not most, of the triumphs and trials experienced in later years are not unlike those confronted at other points in life. Just like younger people, the elderly experience both change and stability, shedding old roles and entering new ones. The process takes place in varied spheres of life: the worlds of home and family, work, and friendship.

This thoughtful, engaging text brings together twenty-eight essays by leading researchers in social gerontology to explore the everyday aspects of aging. Readers will come away viewing the elderly as people whose lives are as complex and diverse, and therefore as nuanced as any.

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